

COMBAT SHUAI CHIAO

AMERICAN COMBAT SHUAI CHIAO ASSOCIATION

- **THROWS**
- **LOCKS**
- **KICKS**
- **STRIKES**

Tuesday @ 7:30 PM

**Dallas Chinese
Community Center
400 N Greenville Ave, # 12
Richardson, TX**

CLASSES NOW STARTING!

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"Shuai-Chiao" itself refers to Chinese style wrestling. This art focuses strongly on throwing techniques, designed to incapacitate an opponent with the shock of impact. It also has strong joint locks and controls, known as Chin-Na Shou. Striking techniques (punching & kicking) are taught for real-world self-defense and are far easier to learn and employ than the devastating throws which distinguish Shuai-Chiao.

For more information,
please visit us online at:

WWW.COMBATSHUAICHIAO.COM

Or contact:

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